

## Directions for taking your own Faces of EE Photograph

1. Find a friend, colleague or family member to help. Plan to spend 10-20 minutes. Any type of camera (including iPhone/android) will work.
2. Choose an area with a blank/plain wall, light-colored but without glare (off-white or a pastel color is best).
3. Gaze at the camera with your body slightly at an angle; look toward your left shoulder (see below for examples). Do not look straight-on at the camera.
4. Make sure a light source is at your side (*best is natural light/window at side, with a “directable” lamp on your other side*). Avoid any sharp shadow cast by the lamp. You may need to reposition the lamp for best results.
5. Take several photos. Then choose your top 1-3 to send to us.
6. Save as high-resolution files (should be over 500K). Please name the file in this format: `firstname_lastname.jpg` Send to us at [policy@e4thefuture.org](mailto:policy@e4thefuture.org)

Note: Don't worry about the exact dimensions, we will crop the photo.

Want to do more? If you are interested in participating in additional advocacy, use this [Google Form](#) to indicate your interest. A member of the E4TheFuture team will reach out to you. Questions? Contact us at [policy@e4thefuture.org](mailto:policy@e4thefuture.org)

**Examples.** Your photo and testimony may be used to create a graphic similar to these:

